

MEMBERSHIP CARE MINISTRY

Please complete the form below and place it in the Membership Care Ministry box in the ministry mailbox area.

- I do not have a Membership Care Leader.
 I would like to become a Membership Care Leader.

If you have moved recently or changed your telephone number, please submit your new address and/or telephone number below.

Name: _____ Membership#: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

FROM THE HEART BOOKSTORE

4949 Allentown Road
301-899-5480

Hours of Operation

Sunday After 9:30 am service
Tuesday 6:30 - 7:30 pm & after Bible Study
Wednesday 11:30 am - 1:30 pm
Saturday 11:00 am - 1:00 pm

NONE SUFFER LACK FEDERAL CREDIT UNION

4929 Allentown Road, Suitland, MD 20746
301-899-0300

Website: www.nslfcu.org

Hours of Operation

Sunday & Monday CLOSED
Tuesday 9:00 am - 6:00 pm
Wednesday - Friday 9:00 am - 4:00 pm
Saturday 9:00 am - 1:00 pm

FROM THE HEART SHUTTLE SERVICE

Shuttle Service is provided to the FTH Campus from the Branch Avenue Metro Station on **Sundays at 8:00 am, 8:30 am and 9:20 am**

Shuttles depart from the FTH Campus to the Branch Avenue Metro Station **20 minutes** after the Sunday Worship Service.

FROM THE HEART CLOTHING CENTER & FOOD PANTRY

5055 Allentown Road

Hours of Operation

Saturdays, 9:00 am – 3:00 pm

Receiving Donations

Saturdays, 9:00 am – 3:00 pm
Non-Perishable Food Items and Seasonal Clothing
(Pre-cleaned on Hangers, Shelf and Rack Ready)

MEN'S FELLOWSHIP BREAKFAST

Men of all ages!

Every 3rd Saturday, 8:30 – 10:00 am

WOMEN OF GOD: LIFEGIVERS FELLOWSHIP

Every 3rd Saturday, 1:00 – 3:00 pm

February 11, 2018

Volume 27 No. 06

In The Know

“What Time Is It?”
“IT’S TIME FOR THE OFFERING!”

HELP WANTED - NEEDED

JOINING A MINISTRY - We're excited about your decision to join a ministry! Here's how to begin: **Step #1** - Get a Prospective Ministry Participant Form [forms are available in the ministry mailbox area]. **Step #2** - Complete the form. **Step #3** - Return the completed form to the mailbox of the ministry you desire to join.

FROM THE HEART MEMORIES!!! - The Archives Ministry seeks to collect memory books, scrapbooks and photo albums in exhibit-ready condition, from the membership, featuring the life of our Ministry through the decades. If you are interested in donating or loaning your memoirs for display during the 2018 GCM, the Archives Ministry will be delighted to receive these items on **Sundays and Tuesdays, NOW through January 30th immediately after service in the overflow room**. If you have additional questions, please email: archivesministry18@gmail.com.

VOLUNTEER MINISTRIES ACTIVITIES AND EVENTS

THE MINISTRY OF HEALTH AND HEALING HEALTH FOCUS: February is American Heart Month. Heart disease is the number one cause of death in U.S. adults. Women are more likely to have a heart attack without chest pain than men. Although chest pain or pressure is common; in women, pain may alternatively occur in the jaw, neck, shoulder, arms, upper back and/or abdomen. Instead of pain, they may have other symptoms such as shortness of breath, nausea, vomiting, sweating, lightheadedness, or dizziness. For more information see <https://www.mayoclinic.org>.

AARP FREE TAX ASSISTANCE SERVICE - The Seniors Ministry through AARP will provide free tax assistance for low to moderate income taxpayers, regardless of age, with special attention to those 60 and older. **APPOINTMENT ONLY BASIS - NO WALK-INS**. Service is available on **Saturdays, now through April 14, from 10:00 am - 2:00 pm**. For an appointment call (301) 899-9411, ext. 5409.

EVENING OF PRAISE - The Ministry of Exhortation will be celebrating Black History Month by hosting an Evening of Praise entitled, “Remembering Our History - Returning to Our First Love,” on **Friday, February 16th at 7:30 pm**. Come, let us exalt the Lord together with praise songs, drama, dancing and rejoicing. All proceeds will be donated to the Joseph H. Cherry Scholarship Fund. We look forward to seeing you in attendance!

BLACK HISTORY MONTH WEEKLY EXHIBIT - In honor of Black History Month, there will be a weekly exhibit in the overflow foyer which features African Americans who made historic and contemporary achievements and/or major contributions that impacted our lives. Stop by and learn about their journey of strength, courage, and hope and become a part of that great cloud of witnesses in making history.

“A JOYFUL NOISE” PRODUCTION - The Ministry of Knowledge and Fine Arts Ministry will present “A Joyful Noise” Production in honor of Black History Month! Come out and enjoy the play on **Friday, February 23rd at 7:30 pm in the main sanctuary**. You can purchase tickets after Sunday and Tuesday Services beginning February 4th in the overflow room. Tickets: Adult \$15 and Children 12 and under \$5. Proceeds will benefit the Joseph H. Cherry Scholarship Fund!

CHILDREN - YOUTH - PARENTS - EDUCATION

CHURCH SCHOOL - The Church School Ministry teaches practical, Christ-centered Bible lessons to children, youth and adults based upon the rightly divided Word of God and the Theology of From the Heart Church Ministries. Join us **every Sunday, 8:00 am (Ages 10 through adult); Sundays, 9:30 am and Tuesdays, 7:30 pm (Children, 5-9 yrs. old).**

“When you know who you are, EVERYTHING changes!”

Bishop John A. Cherry, II

SAT- Math will be offered on **Saturday, February 17th and March 3rd, 10th and 17th, from 9:00 am - 1:00 pm** for high school students (grades 9-11). The Cost is \$20. Registration forms can be found at the front desk or in the vestibule rack. The Official SAT Study Guide, 2018 Edition (Official Study Guide for the New Sat) should be purchased in advance (Amazon.com, Books a Million, Barnes and Nobles, Target).

THE MEAL BEFORE THE MEAL - Before we study, we eat! Please join the Class of 2020 for “The Meal Before The Meal” on **Tuesday, February 13th**. Delicious foods and snacks will be sold from **6:00 - 7:00 pm in the Dining Hall**. Thank you for supporting the class that clearly sees a bright future!

SPECIAL CLASSES AND SERVICES

ADULT BAPTISM AND CHILD DEDICATION - There will be an Adult Baptism and Child Dedication class held on **Friday, February 16th at 7:00 pm**. Please contact the Membership Care to register for these classes. **The Adult Baptism will take place on Saturday, February 24th at 12:45 pm** and the Child Dedication will take place on Sunday, February 25th. Please mark your calendars.

UNMARRIEDS! - The next Singles Enrichment Class **has started, Thursdays at 7:00 pm**. The purpose of this 10-week class is to teach unmarrieds how to be fulfilled and enriched while caring for the things of the Lord. Please fill out the back of the bulletin or call the church at (301) 899-9411.

“Get out from under the influence and BE an influence!”

Bishop John A. Cherry, II

MARRIAGE ENCOUNTER CLASS - If you have been married for 3 years or less, the Marriage Encounter Class is designed to help you maximize and strengthen this dispensation in your new marriage and live according to God’s plan. All newly married couples are encouraged to attend. The class will start on **Wednesday, March 6 at 7:00 pm**. To register, fill out the back of the bulletin.

SPECIAL NOTICES

CELL PHONES AND ELECTRONIC DEVICES - We request that all cell phones and other such electronic devices be turned off during service because the radio frequency power from these devices can adversely affect broadcast production.



FROM THE HEART SHUTTLE SERVICE

Arrivals

Shuttle Service is provided to the FTH Campus
From the Branch Avenue Metro Station on Sundays at 8:00 am, 8:30 am and 9:20 am

Shuttle Service is provided from 5055 Annex Front Entry to the 4949 Main Building on Sundays at 8:05 am, 8:35 am and 9:25 am

Departures

Shuttles depart from 4949 Main Building to the 5505 Annex Front Entry 5-10 minutes after the Sunday Worship Service, and 20 minutes after the Service to the Branch Avenue Metro Station.