

### MEMBERSHIP CARE MINISTRY

Please complete the form below and place it in the Membership Care Ministry box in the ministry mailbox area.

- I do not have a Membership Care Leader.  
 I would like to become a Membership Care Leader.

If you have moved recently or changed your telephone number, please submit your new address and/or telephone number below.

Name: \_\_\_\_\_ Membership#: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

#### FROM THE HEART BOOKSTORE

4949 Allentown Road  
301-899-5480

##### Hours of Operation

Sunday After 9:30 am service  
Tuesday 6:30 - 7:30 pm & after Bible Study  
Wednesday 11:30 am - 1:30 pm  
Saturday 11:00 am - 1:00 pm

#### NONE SUFFER LACK FEDERAL CREDIT UNION

4929 Allentown Road, Suitland, MD 20746  
301-899-0300

Website: [www.nslfcu.org](http://www.nslfcu.org)

##### Hours of Operation

Sunday & Monday CLOSED  
Tuesday 9:00 am - 6:00 pm  
Wednesday - Friday 9:00 am - 4:00 pm  
Saturday 9:00 am - 1:00 pm

#### FROM THE HEART SHUTTLE SERVICE

Shuttle Service is provided to the FTH Campus from the Branch Avenue Metro Station on Sundays at **8:00 am, 8:30 am and 9:20 am**

Shuttles depart from the FTH Campus to the Branch Avenue Metro Station **20 minutes** after the Sunday Worship Service.

#### FROM THE HEART CLOTHING CENTER & FOOD PANTRY

5055 Allentown Road

##### Hours of Operation

Saturdays, 9:00 am - 3:00 pm

##### Receiving Donations

Saturdays, 9:00 am - 3:00 pm  
Non-Perishable Food Items and Seasonal Clothing  
(Pre-cleaned on Hangers, Shelf and Rack Ready)

#### MEN'S FELLOWSHIP BREAKFAST

Men of all ages!

Every 3rd Saturday, 8:30 - 10:00 am

#### WOMEN OF GOD: LIFEGIVERS FELLOWSHIP

Every 3rd Saturday, 1:00 - 3:00 pm

January 14, 2018

Volume 27 No. 02

## *In The Know*

"What Time Is It?"  
**"IT'S TIME FOR THE OFFERING!"**

### HELP WANTED - NEEDED

**JOINING A MINISTRY** - We're excited about your decision to join a ministry! Here's how to begin: **Step #1** - Get a Prospective Ministry Participant Form [forms are available in the ministry mailbox area]. **Step #2** - Complete the form. **Step #3** - Return the completed form to the mailbox of the ministry you desire to join.

**"You have a share, it is Important, it is Necessary, and it is Sufficient!"**

*Episcopal Pastor John A. Cherry*

**FROM THE HEART MEMORIES!!!** - The Archives Ministry seeks to collect memory books, scrapbooks and photo albums in exhibit-ready condition, from the membership, featuring the life of our Ministry through the decades. If you are interested in donating or loaning your memoirs for display during the 2018 GCM, the Archives Ministry will be delighted to receive these items on **Sundays and Tuesdays, starting TODAY through January 30th immediately after service in the overflow room.** If you have questions, please email: [archivesministry18@gmail.com](mailto:archivesministry18@gmail.com).

**JUDGES NEEDED** - Calling All Scientists, Engineers, and Mathematicians. The From the Heart Christian School is in need of your help to judge the 5th Annual FTHCS Science Fair. The fair will be held on **Friday, January 26th, from 8:00 am - 4:00 pm in the gym.** All interested judges should call the Christian school and give your contact information.

**FROM THE HEART!** - The “Welcome Committee” of GCM 2018 need you. We need singers, dancers, linguist, steppers and drummers as we prepare to welcome our FTH family and Praise the Lord! Stop by the overflow room after Sunday and Tuesday services to learn more and sign up.

**“Get out from under the influence and BE an influence!”**

*Bishop John A. Cherry, II*

### **VOLUNTEER MINISTRIES ACTIVITIES AND EVENTS**

**THE MINISTRY OF HEALTH AND HEALING HEALTH FOCUS:** Glaucoma Awareness. Glaucoma is a group of diseases that can damage the eye’s optic nerve and can result in vision loss and blindness. It is more common in those with a family history of glaucoma. There are no early warning signs; therefore, comprehensive eye exams are crucial. For further information visit: <https://www.cdc.gov/visionhealth/basics/ced/index.html>.

**SCOUTING** - Attention Parents! Pack 81 Cub Scouts and Troop 81 Boy Scouts meet every Friday from 7:00 - 8:30 pm in the overflow room. If you are interested in registering your son for the Cub Scouts or Boy Scouts stop by and see what we do. Cub Scouting is for boys ages 4-10. Boy Scouting is for boys ages 11-17. For more information, please contact [education@fthcm.org](mailto:education@fthcm.org).

### **CHILDREN - YOUTH - PARENTS - EDUCATION**

**CHURCH SCHOOL** - The Church School Ministry teaches practical, Christ-centered Bible lessons to children, youth and adults based upon the rightly divided Word of God and the Theology of From the Heart Church Ministries. Join us **every Sunday, 8:00 am (Ages 10 through adult); Sundays, 9:30 am and Tuesdays, 7:30 pm (Children, 5-9 yrs. old).**

### **SPECIAL CLASSES AND SERVICES**

**NEW CONVERTS ENRICHMENT CLASS** - The next New Converts Enrichment Class **will begin on Wednesday, January 17th at 7:00 pm.** This 10-week class provides an in-depth overview of the Bible in order to achieve an understanding of how to be an excellent Christian and an effective witness. Please fill out the back of the bulletin or call the church at (301) 899-9411.

### **SPECIAL NOTICES**

**MEMBERS AND VISITORS!** - When visiting the church between 7:00 am - 6:00 pm, please sign in at the reception desk at 4929 Allentown Road **“Main Entrance”** BEFORE proceeding to your appointment or meeting.

**CELL PHONES AND ELECTRONIC DEVICES** - We request that all cell phones and other such electronic devices be turned off during service because the radio frequency power from these devices can adversely affect broadcast production.

### **FROM THE HEART SHUTTLE SERVICE**

#### **Arrivals**

Shuttle Service is provided to the FTH Campus From the Branch Avenue Metro Station on Sundays at 8:00 am, 8:30 am and 9:20 am

Shuttle Service is provided from 5055 Annex Front Entry to the 4949 Main Building on Sundays at 8:05 am, 8:35 am and 9:25 am

#### **Departures**

Shuttles depart from 4949 Main Building to the 5505 Annex Front Entry 5-10 minutes after the Sunday Worship Service, and 20 minutes after the Service to the Branch Avenue Metro Station.