

MEMBERSHIP CARE MINISTRY

Please complete the form below and place it in the Membership Care Ministry box in the ministry mailbox area.

- I do not have a Membership Care Leader.
 I would like to become a Membership Care Leader.

If you have moved recently or changed your telephone number, please submit your new address and/or telephone number below.

Name: _____ Membership#: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

FROM THE HEART BOOKSTORE

4949 Allentown Road
301-899-5480

Hours of Operation

Sunday After 9:30 am service
Tuesday 6:30 - 7:30 pm & after Bible Study
Wednesday 11:30 am - 1:30 pm
Saturday 11:00 am - 1:00 pm

NONE SUFFER LACK FEDERAL CREDIT UNION

4929 Allentown Road, Suitland, MD 20746
301-899-0300

Website: www.nslfcu.org

Hours of Operation

Sunday & Monday CLOSED
Tuesday 9:00 am - 6:00 pm
Wednesday - Friday 9:00 am - 4:00 pm
Saturday 9:00 am - 1:00 pm

FROM THE HEART SHUTTLE SERVICE

Shuttle Service is provided to the FTH Campus from the Branch Avenue Metro Station on Sundays at **8:00 am, 8:30 am and 9:20 am**

Shuttles depart from the FTH Campus to the Branch Avenue Metro Station **20 minutes** after the Sunday Worship Service.

FROM THE HEART CLOTHING CENTER & FOOD PANTRY

5055 Allentown Road

Hours of Operation

Saturdays, 9:00 am – 3:00 pm

Receiving Donations

Saturdays, 9:00 am – 3:00 pm
Non-Perishable Food Items and Seasonal Clothing
(Pre-cleaned on Hangers, Shelf and Rack Ready)

MEN'S FELLOWSHIP BREAKFAST

Men of all ages!

Every 3rd Saturday, 8:30 – 10:00 am

WOMEN OF GOD: LIFEGIVERS FELLOWSHIP

Every 3rd Saturday, 1:00 – 3:00 pm

March 11, 2018

Volume 27 No. 10

In The Know

“What Time Is It?”
“IT’S TIME FOR THE OFFERING!”

HELP WANTED - NEEDED

JOINING A MINISTRY - We're excited about your decision to join a ministry! Here's how to begin: **Step #1** - Get a Prospective Ministry Participant Form [forms are available in the ministry mailbox area]. **Step #2** - Complete the form. **Step #3** - Return the completed form to the mailbox of the ministry you desire to join.

“You have a share, it is Important, it is Necessary, and it is Sufficient!”

Episcopal Pastor John A. Cherry

HOUSING FOR THE 2018 GCM!!! - Your share is important! If you are interested in opening your home to host one or more delegates for the upcoming 2018 General Church Meeting, please see a Missions Ministry Representative in the overflow foyer after the Sunday Service or before and after the Tuesday Night Bible Study.

THE HELPS MINISTRY REPAST TEAM has need of your share in serving the repast meal to families and guests following a Homegoing or Memorial Services. If you are available or retired and have a flexible schedule and are interested in becoming a member of the Helps Ministry Repast Team, please complete the back of the bulletin and place it in the dropbox.

VOLUNTEER MINISTRIES ACTIVITIES AND EVENTS

THE MINISTRY OF HEALTH AND HEALING HEALTH FOCUS: Vitamin D Awareness. Vitamin D is important to many organ systems of the body. Natural sources of vitamin D are food and the sun. All who have limited sun exposure are at risk for deficiency. Have your vitamin D level checked and discuss the results with your doctor. For more information, visit <https://www.nih.gov/health-information>.

MARCH MADNESS BASKETBALL TOURNAMENT - Think you have game and want to show off your skills? Join the YAPP Ministry as we host our first 3-on-3 basketball tournament on **Friday, March 16th at 7:00 pm**. Grand prizes will be given to the team that perseveres until the end. Please preregister your team in the overflow room.

RESURRECTION RECITAL - Join the From the Heart Christian School for the 2018 Resurrection Recital entitled “Celebrating the Resurrection of Jesus with Thanksgiving” on **Friday, March 23rd at 7:30 pm**. Come out and enjoy the ministry of our students through their gifts, talents and abilities. Flyers and tickets are available after service in the overflow room. Spread the word and invite someone.

To sign up for an activity, please use the Registration Form found on the back of the Sunday Bulletin.

SILENT AUCTION - Mark your calendar for **Friday, April 27th** for the Christian School Silent Auction. We have raised the bar and are soliciting YOUR assistance and support in the form of donated products and services to include but not limited to appliances, trips, time shares, event tickets, and the like. Cash donations will also be accepted. Call (301) 899-2968 ext. 2 for further details.

CHILDREN - YOUTH - PARENTS - EDUCATION

CHURCH SCHOOL - The Church School Ministry teaches practical, Christ-centered Bible lessons to children, youth and adults based upon the rightly divided Word of God and the Theology of From the Heart Church Ministries. Join us **every Sunday, 8:00 am (Ages 10 through adult); Sundays, 9:30 am and Tuesdays, 7:30 pm (Children, 5-9 yrs. old)**.

PATHWAYS TO COLLEGE - The Ministry of Knowledge invites youth ages 12 and older and their parents to our session titled “Career Discovery Zone” on **Saturday, March 10th from 10:00 am - 12:30 pm**. Come out and discover how to zone in on your career choice. See a Pathways Team member in the vestibule for more information.

LEADERSHIP FORUM - Computer Training: “Word for Beginners” will be held on **Saturday, April 7, 14 and 28 from 10:00 am - 2:00 pm**. This course is design to introduce the Window’s user to the basics of word processing with Microsoft word. The cost is \$25.00. Registration Forms can be found at the front desk at 4949 and in the vestibule rack.

SPECIAL NOTICES

CHURCH PARKING - Please refrain from parking in the access driveways within the parking lot. Please be respectful to our surrounding neighbors. All other posted parking restrictions apply.

HANDICAPPED PARKING - Additional handicapped parking spaces at 4949 Allentown Road have been designated for use during the week and on Saturdays.

CELL PHONES AND ELECTRONIC DEVICES - We request that all cell phones and other such electronic devices be turned off during service because the radio frequency power from these devices can adversely affect broadcast production.

MEMBERS AND VISITORS! - When visiting the church between 7:00 am - 6:00 pm, please sign in at the reception desk at 4929 Allentown Road “**Main Entrance**” BEFORE proceeding to your appointment or meeting.

FROM THE HEART SHUTTLE SERVICE

Arrivals

Shuttle Service is provided to the FTH Campus From the Branch Avenue Metro Station on Sundays at 8:00 am, 8:30 am and 9:20 am

Shuttle Service is provided from 5055 Annex Front Entry to the 4949 Main Building on Sundays at 8:05 am, 8:35 am and 9:25 am

Departures

Shuttles depart from 4949 Main Building to the 5505 Annex Front Entry 5-10 minutes after the Sunday Worship Service, and 20 minutes after the Service to the Branch Avenue Metro Station.