

MEMBERSHIP CARE MINISTRY

Please complete the form below and place it in the Membership Care Ministry box in the ministry mailbox area.

- I do not have a Membership Care Leader.
 I would like to become a Membership Care Leader.

If you have moved recently or changed your telephone number, please submit your new address and/or telephone number below.

Name: _____ Membership#: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

FROM THE HEART BOOKSTORE

4949 Allentown Road
301-899-5480

Hours of Operation

Sunday After 9:30 a.m. Service
Tuesday 6:30 - 7:30 p.m. & after Bible Study
Wednesday 11:30 a.m. - 1:30 p.m.
Saturday 11:00 a.m. - 1:00 p.m.

NONE SUFFER LACK FEDERAL CREDIT UNION

4929 Allentown Road, Suitland, MD 20746
301-899-0300

Website: www.nslfcu.org

Hours of Operation

Sunday & Monday CLOSED
Tuesday 9:00 a.m. - 6:00 p.m.
Wednesday - Friday 9:00 a.m. - 4:00 p.m.
Saturday 9:00 a.m. - 1:00 p.m.

FROM THE HEART SHUTTLE SERVICE

Shuttle Service is provided to the FTH Campus from the Branch Avenue Metro Station on Sundays at 8:00 a.m., 8:30 a.m. and 9:20 a.m.

Shuttles depart from the FTH Campus to the Branch Avenue Metro Station 20 minutes after the Sunday Worship Service.

FROM THE HEART CLOTHING CENTER & FOOD PANTRY

5055 Allentown Road

Hours of Operation

Saturdays, 9:00 a.m. – 3:00 p.m.

Receiving Donations

Saturdays, 9:00 a.m. – 3:00 p.m.
Non-Perishable Food Items and Seasonal Clothing
(Pre-cleaned on Hangers, Shelf and Rack Ready)

MEN'S FELLOWSHIP BREAKFAST

Men of all ages!

Every 3rd Saturday, 8:30 – 10:00 a.m.

WOMEN OF GOD: LIFEGIVERS FELLOWSHIP

Every 3rd Saturday, 1:00 – 3:00 p.m.

March 17, 2019

Volume 29 No. 11

In The Know

2019 Theme:
"PREPARING THE CHURCH FOR THE NEXT MOVE
OF GOD"

HELP WANTED - NEEDED

JOINING A MINISTRY - We're excited about your decision to join a ministry! Here's how to begin: **Step #1** - Get a Prospective Ministry Participant Form [forms are available in the ministry mailbox area]. **Step #2** - Complete the form. **Step #3** - Return the completed form to the mailbox of the ministry you desire to join.

EMPLOYMENT OPPORTUNITY - Applications are being accepted for a **Math Teacher** with the From the Heart Christian School. A bachelor's degree or higher in math is required; certified math is preferred, but not required. An application package can be picked up from the receptionist desk at 4929 Allentown Road, Monday through Friday between the hours of 7:30 a.m. and 5:30 p.m.

*"...The harvest truly is plenteous, but the labourers are few;"
Matthew 9:37*

EMPLOYMENT OPPORTUNITY - Applications are being accepted for the position of **Teller in the NSLFCU**. A minimum of 1 year Customer Service or Teller experience is preferred, but not required. An application package can be picked up from the receptionist desk at 4929 Allentown Road, Monday through Friday between the hours of 7:30 a.m. and 5:30 p.m.

COACHES AND VOLUNTEERS - The Sports and Fitness Ministry is seeking coaches and volunteers to assist in the **2019 Intramural T-Ball Season!** This program will provide teaching in the fundamentals of the game, intramural play, and encourage commitment in excellence in competition. Youth worker certification is required. Sign up after Sunday services in the overflow room.

VOLUNTEER MINISTRIES ACTIVITIES AND EVENTS

FIRST THINGS FIRST - Are you an adult between the ages of 18 and 25? Are you looking for a place to fellowship with like-minded believers? Well, First Things First is the ministry for you! Starting in March, we will meet on **1st and 3rd Fridays from 8:00 - 10:00 p.m.** You do not need to sign up; just show up! See you soon.

To sign up for an activity, please use the Registration Form found on the back of the Sunday Bulletin.

THE YAPP MINISTRY will be hosting a Youth Lock-in on **Friday, March 29th from 11:00 p.m. to 6:00 a.m. in the Annex.** You can expect a night of fun, food, and fellowship with team competitions, obstacle courses, video games, a moon bounce, movies, laughter, and much more. Tickets can be purchased in the overflow room. The cost is \$15.00.

FORERUNNERS FOR CHRIST will begin its season on **Saturday, April 6th at 6:00 a.m. at Surrattsville High School track in Clinton, MD.** From May 4th through October 26th, the season will be held at Mt. Vernon bicycle trail in Alexandria, VA. Runners, joggers, and walkers of ALL levels are welcome to participate! Now is the time to take stewardship over our temples.

INTERCESSORY PRAYER MINISTRY - Quarterly Prayer Workshop! If you are interested in learning more about the Intercessory Prayer Ministry and the ministry of prayer and intercession, please come and join us on **Saturday, March 30th from 10:00 a.m. - 12:00 p.m.** All are welcome!

CHILDREN - YOUTH - PARENTS - EDUCATION

CHURCH SCHOOL - This ministry teaches practical, Christ-centered Bible lessons to children, youth and adults based upon the rightly divided Word of God and the Theology of From the Heart Church Ministries[®]. Join us **every Sunday at 8:00 a.m. (Ages 10 through adult); Sundays at 9:30 a.m. and Tuesdays at 7:30 p.m. (Children ages 5-9).**

SCHOOL OF KNOWLEDGE - Starting **Wednesday, April 3rd**, "Pulling Down Strong Holds" will be offered from **6:30 - 8:30 p.m. through May 29th.** Come out and learn how to overcome natural and spiritual challenges in your life. Registration forms are located at the 4949 Allentown Road front desk and in the vestibule rack. Completed forms and payment should be placed in a sealed envelope in the drop box. The cost is \$10.00.

2019 TASTE OF FROM THE HEART - Attention all culinary artists! Do not miss the 2019 Taste of From the Heart on **Friday, March 22nd at 6:30 p.m. in the Annex**, hosted by the From the Heart Christian School Alumni Association. Showcase your kitchen's finest and support our alumni college scholarship program awarded to two deserving graduating seniors. To enter an entrée, please see a representative in the overflow room. Prizes will be awarded!

SPECIAL NOTICES

CHURCH PARKING - Please refrain from parking in the access driveways within the parking lot. Please be respectful to our surrounding neighbors. All other posted parking restrictions apply.

HANDICAPPED PARKING - Additional handicapped parking spaces at 4949 Allentown Road have been designated for use during the week and on Saturdays.

MEMBERS AND VISITORS! - When visiting the church between 7:00 a.m. - 6:00 p.m., please sign in at the reception desk at 4929 Allentown Road "**Main Entrance.**"