

### MEMBERSHIP CARE MINISTRY

Please complete the form below and place it in the Membership Care Ministry box in the ministry mailbox area.

- I do not have a Membership Care Leader.  
 I would like to become a Membership Care Leader.

If you have moved recently or changed your telephone number, please submit your new address and/or telephone number below.

Name: \_\_\_\_\_ Membership#: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

#### FROM THE HEART BOOKSTORE

4949 Allentown Road  
301-899-5480

#### Hours of Operation

Sunday After 9:30 am service  
Tuesday 6:30 - 7:30 pm & after Bible Study  
Wednesday 11:30 am - 1:30 pm  
Saturday 11:00 am - 1:00 pm

#### NONE SUFFER LACK FEDERAL CREDIT UNION

4929 Allentown Road, Suitland, MD 20746  
301-899-0300

Website: [www.nslfcu.org](http://www.nslfcu.org)

#### Hours of Operation

Sunday & Monday CLOSED  
Tuesday 9:00 am - 6:00 pm  
Wednesday - Friday 9:00 am - 4:00 pm  
Saturday 9:00 am - 1:00 pm

#### FROM THE HEART SHUTTLE SERVICE

Shuttle Service is provided to the FTH Campus from the Branch Avenue Metro Station on Sundays at **8:00 am, 8:30 am and 9:20 am**

Shuttles depart from the FTH Campus to the Branch Avenue Metro Station **20 minutes** after the Sunday Worship Service.

#### FROM THE HEART CLOTHING CENTER & FOOD PANTRY

5055 Allentown Road

#### Hours of Operation

Saturdays, 9:00 am – 3:00 pm

#### Receiving Donations

Saturdays, 9:00 am – 3:00 pm  
Non-Perishable Food Items and Seasonal Clothing  
(Pre-cleaned on Hangers, Shelf and Rack Ready)

#### MEN'S FELLOWSHIP BREAKFAST

Men of all ages!

Every 3rd Saturday, 8:30 – 10:00 am

#### WOMEN OF GOD: LIFEGIVERS FELLOWSHIP

Every 3rd Saturday, 1:00 – 3:00 pm

November 12, 2017

Volume 26 No. 45

# *In The Know*

2017 Theme: "Excellence of Ministry"

"What Time Is It?"  
**"IT'S TIME FOR THE OFFERING!"**

### HELP WANTED - NEEDED

**JOINING A MINISTRY** - We're excited about your decision to join a ministry! Here's how to begin: **Step #1** - Get a Prospective Ministry Participant Form [forms are available in the ministry mailbox area]. **Step #2** - Complete the form. **Step #3** - Return the completed form to the mailbox of the ministry you desire to join.

**THANKSGIVING HOLIDAY FOOD SHARING!** - The Missions Ministry will be **accepting applications for Thanksgiving Food Baskets for families in need TODAY** in the overflow foyer immediately following Worship Service. Monetary donation envelopes are available at the reception desks for those who desire to give, so that none will suffer lack. Thank you for your share!

**...The harvest truly is plenteous, but the labourers are few;  
Matthew 9:37**

**EMPLOYMENT OPPORTUNITY** - Applications are being accepted for the position of **Building Maintenance Assistant** in the Property Management Department. Experience in routine maintenance work and cleaning procedures are preferred. Application package can be picked up from the Receptionist desk at 4929, Monday thru Friday between the hours of 7:30 am and 5:30 pm.

**EMPLOYMENT OPPORTUNITY** - Applications are being accepted for **Substitute Teachers** in the From the Heart Christian School. A degree is preferred but not required. An application package can be picked up from the receptionist desk, Monday through Friday between the hours of 7:30 am - 5:30 pm in the administration building at 4929.

## VOLUNTEER MINISTRIES ACTIVITIES AND EVENTS

### THE MINISTRY OF HEALTH AND HEALING HEALTH FOCUS

- November is National Caregiver Month. Caregiving can be a rewarding experience, but it can also be physically and emotionally demanding. The day-to-day tasks of arranging doctor's appointment and transportation, moving the loved one safely, and ensuring proper nutrition, may seem endless. For tips and general information on how to take care of yourself as you provide care; visit [www.nia.nih.gov/health/topics/caregiving](http://www.nia.nih.gov/health/topics/caregiving).

### CHILDREN - YOUTH - PARENTS - EDUCATION

**CHURCH SCHOOL** - The Church School Ministry teaches practical, Christ-centered Bible lessons to children, youth and adults based upon the rightly divided Word of God and the Theology of From the Heart Church Ministries. Join us **every Sunday, 8:00 am (Ages 10 through adult); Sundays, 9:30 am and Tuesdays, 7:30 pm (Children, 5-9 yrs. old).**

**NONE LIKE US** - Our mission is to develop children and youth to be distinctively different from the world by teaching them Godly principles, practical life examples and Christ-centered lessons. We meet **every first Sunday at 8:15 - 9:00 am**. Come out and join a cadre of other children and youth, ages 6-17, who are being developed to live for and serve God uncompromisingly!

### SPECIAL CLASSES AND SERVICES

**ESTABLISHING MY CHRISTIAN WALK** - A Study of the Book of Ephesians class **will begin on Thursday, November 16th**. The purpose of this 10-week class is to encourage and strengthen believers to maintain a consistent walk with the Lord. The class will be held from 7-8:30 pm in the overflow room. Please fill out the back of the bulletin or call the church to register.

**COMFORT AND JOY CLASS** - Are you interested in learning practical approaches for moving through difficult life situations (such as losing a loved one) into a place of peace? If so, this 7-week class held on **Wednesdays, starting November 15th** is just for you! Sign up on the back of the bulletin or call the church to register.

**A PARENTING ENRICHMENT CLASS** will begin on **Thursday, November 16th from 7:00 - 8:30 pm**. The purpose of this 10-week class is to help and encourage parents to effectively train up their children according to the Word of God. Please fill out the back of the bulletin or call the church to register.

**WIDOWS AND WIDOWERS CLASS** - If you have experienced the loss of a spouse and need help and encouragement to move forward, the Widows and Widowers Class will begin on **Wednesday, November 15th from 7:00 - 8:30 pm**. Please fill out the back of the bulletin or call the church to register.

### SPECIAL NOTICES

**GRAPHIC DESIGNERS!** - The Publications Ministry is being reestablished, and **WE NEED YOU!** If you are a Graphic Designer or have a good working knowledge of **Adobe Illustrator, InDesign, Photoshop, After Effects and/or Acrobat DC**, we want to hear from you. Fill out the back of the bulletin, and we will contact you with more information on how to get involved and give your share.

**FROM THE HEART!** - We the "2018 GCM Welcome Committee" need your share. We need singers, dancers, actors, linguist, steppers, drummers, cheerleaders, musicians, and much more – as we make preparations to welcome our FTHCMWW family! Come out and learn more at our Interest Meetings on **Saturday, November 18th at 1:00 pm and Monday, November 27th at 7:00 pm**.

### FROM THE HEART SHUTTLE SERVICE

#### Arrivals

Shuttle Service is provided to the FTH Campus  
From the Branch Avenue Metro Station on Sundays at 8:00 am, 8:30 am and 9:20 am

Shuttle Service is provided from 5055 Annex Front Entry to the 4949 Main Building on Sundays at 8:05 am, 8:35 am and 9:25 am

#### Departures

Shuttles depart from 4949 Main Building to the 5505 Annex Front Entry 5-10 minutes after the Sunday Worship Service, and 20 minutes after the Service to the Branch Avenue Metro Station.